



Sigma Beta Club

Male Youth Mentoring Program of
Phi Beta Sigma Fraternity, Inc.



The following is an example of how Club members will progress through the Five Benchmark and the Nine Core Competencies to achieve the desired results of the Rise and Thunder Curriculum.

The Chapter Advisory Committee, consisting of the Chapter SBC Coordinator and three (3) Chapter SBC Advisors, will select various activities consistent with the four National Initiatives of the Foundation aligned with one or more of the Nine Core Competencies. The Club members will begin their progression through the curriculum as a "Member "(the first Benchmark) with the goal of progressively achieving each of the Benchmarks throughout their participation as Sigma Beta Club members in a sequential order until they have achieved the final Benchmark designated as "Thunder".

They will be assigned activities within the four National Initiatives with the goal of achieving each benchmark. In doing so, they will be rewarded with an incentive for each of the benchmarks achieved. The ultimate goal of the curriculum is to encourage the Club members to meet certain standards and make growth towards becoming productive young men and citizens.

The following are examples of program activities in each of the Benchmarks:

MEMBER

- Robert Rules of Order and Sigma Beta Club history
- Complete a local service project
- Attend club meetings and local activities

RISE

- Establish and maintain a Personal Savings Account
- Prepare history of family
- Participate in March of Dimes Walk for Babies

COMMAND

- Attend a workshop on peer pressure
- Attend a state or local government meeting
- Conduct a Childhood Obesity Workshop

LIGHTNING

- Read and report on a minimum of three books
- Participate in Job Shadowing activity
- Develop an SBC Scrapbook of membership activities

THUNDER

- Attend a college and/or career readiness workshop
- Attend a workshop on teenage pregnancy
- Organize and participate in a guest speaker series

During a Sigma Beta Club member's active membership in a club, he will be eligible to receive various honors and awards, which will be earned and presented at the completion of each Benchmark.

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www.sigmapbetaclub.org
Sigma Beta Club Youth Affiliate of Phi Beta Sigma Fraternity, Inc.



RISE AND THUNDER Curriculum

*The Next Generation of Leaders,
Accepting the Responsibility and
Loving the Challenge!*



Please support our Sigma Beta Club Members. Make a donation to: National Sigma Beta Club Foundation, Inc.
a 501-C-3 Tax Exempt Foundation at www.sigmapbetaclub.org.



RISE AND THUNDER

Rise and Thunder is a curriculum framework which provides incentives for Sigma Beta Club members; and a common language for describing the developmental characteristics of a thriving SBC member. It also provides Sigma Beta Club Advisors with opportunities to conduct Clubs according to a standardized set of shared values while retaining the ability to be innovative and relevant within the communities of their respective Sigma Beta Clubs.

The **Rise and Thunder Curriculum** is directly connected to four (4) national initiatives of the National Sigma Beta Club Foundation consistent with the international program focus of Phi beta Sigma Fraternity, Inc. Although these initiatives are germane to the Fraternity's programmatic focus, they allow Sigma Beta Club Advisors and members the flexibility to address specific issues and engage in various programs and projects within the local communities of the respective Sigma Beta Clubs.

The four (4) national initiatives embodied are:

- A Tutorial/Educational Enrichment and Mentoring Program in Education.
- A Job Training and Savings and Investment Program in Bigger and Better Business.
- A Sigma Against Teenage Pregnancy Plus Program in Social Action.
- A Childhood Obesity and Health and Wellness Initiatives.

The curriculum provides opportunities for Sigma Beta Club members to progress through five (5) benchmarks or levels of achievement as follows:

FIVE BENCHMARKS

- Thunder
- Lighting
- Command
- Rise
- Members

The Five Benchmarks (levels of achievements) are connected to Nine (9) Core Competencies – the heart and soul of the curriculum—which a thriving Sigma Beta Club member should exemplify. They also represent the primary principles to which all instructions and activities will be aligned. These Nine (9) Core Competencies are as follows:

NINE CORE COMPETENCIES

ABILITIES	APPLICATIONS	CHARACTER
Leadership	Service	Advocacy
Teamwork	Learning	Equity
Vision	Culture	Ethics